Raphael
SCHOOL FOR SINGING & SINGING THERAPY

1st English Language Training Course in Germany
2018 - 2021
Valborg Werbeck Svärdström established The School of Uncovering the Voice in collaboration with Rudolf Steiner. In January 1924 he authorized it as an “Anthroposophic Singing School”, because the approach they developed fosters the growth of the human voice in its wholeness of physical, soul and spiritual aspects. Thus, it supports the holistic integration of the human being.

At the Raphael School for Singing and Singing Therapy, methods will be taught and abilities gained that will enable the student to learn how the singing voice can become a therapeutic tool and how singing can serve as an anthroposophic therapeutic modality, that addresses the development of all aspects of the human being as described by Rudolf Steiner.

Stefanie Aurig, singer, singing therapist and music therapist since 1992, has studied with Thomas Adam, who developed the Singing Therapy training which is certified by the Medical Section at the Goetheanum, Dornach Switzerland.

Stefanie has been co-teaching in the German course for Singing Therapy since 2010, and since 2013 in the South American Course in Brazil, where she will start a new course in 2017.

These courses are being offered under the name ‘The Raphael School for Therapeutic Singing’. The curriculum has been recognized and approved by the Medical Section at the Goetheanum. This 2018-2021 course is being offered for English-speaking students (first or second language) who already have experience in developing their own voice with the approach given in ‘The School of Uncovering the Voice’.

The first English speaking Course will take place from March 16 to 24, 2018 at Kulturhof Sültemühle, 49626 Bippen, Germany.
Duration and structure of the course:
- This training is a four-year, part-time professional education course in Therapeutic Singing.
- Each study year comprises a course in two annual sessions: 8 days in February/March and 12 days in June/July.
- The course will be held in Germany, at the Kulturrhof Sütemühle, 49626 Bippen, Germany.
- In total the course will have the equivalent of 700 (45-minutes) lessons. Regular individual practice and study between modules is necessary to deepen the experience.
- Regional peer group-work will help to complete and deepen the study-process.
- In addition, during the third and fourth year, an internship will take place.
- Participants of the Training Course for Therapeutic singing and the Course Director will sign a study-contract, outlining their mutual responsibilities in relation to presentation and participation.

Course contents and aims:
In the Raphael School the effects of sound, breathing, creation of tone and the influence of musical elements on the singing human being will be studied in theory and practice. These experiences will be deepened by medical lectures given by experienced Anthroposophic doctors and brought into practical connection with the therapeutic work. From the start, students will learn therapeutic exercises and their practical application. In addition to the phenomenological work, studies and lectures in the group during every part of the 4-year course there will also be individual or small group lessons to assess and discuss each student’s progress. The spiritual study of the singing human being as described in the book, ‘The School of Uncovering the Voice’ by Valborg Werbeck-Svärdström will be worked through: studied practically, learned and deepened. Research results of other singing methods will also be considered. Choir singing and choral improvisation will build a repertoire for later group teaching and also to help develop the social fabric of the student community. Elements of movement (Eurythmy and Bothmer Gymnastics) will be studied and practiced.

Anthroposophy:
The Raphael School has its roots in Anthroposophy. Students will read and study Rudolf Steiner’s perspectives on the evolution of humanity and image of the human being, medicine, pedagogy, the arts and, particularly, the art of singing as a key to health.

Medical Studies, Anatomy, Physiology:
The mainstream medical approach to anatomy, physiology and pathology will be enhanced through anthroposophical medical studies presented by Anthroposophic doctors.

Working with the Lyre:
Because of the ability to tune the lyre easily to 432 Hz, as well as because of the free etheric tone and portability of the lyre, students are expected to learn to play the lyre between sessions to support their work as singing therapists. Referrals to Lyre Teachers will be suggested. Any additional cost of renting or purchasing a lyre and of group or individual lyre lessons will be covered by the student.
**Requirements for participants:**
- To be at least 23 years of age
- To have a willingness and interest to study Anthroposophy
- To have a basic experience with `The School of Uncovering the Voice´
- To have basic knowledge of Music-Theory

*and*
- To have had a training in a medical profession and have related experience

*or*
- To have had a training as a singer or instrumentalist

*or*
- Have a pedagogical or social-pedagogical training and professional experience.

**Venue:** a beautiful, quiet place in the north of Germany, in fields and forest: Kulturhof Sültemühle, Sültemühle 1, 49626 Bippen, Germany
www.kulturhof-sueltemuehle.de
**Costs:** €1990.- per year, not including accommodation, meals and tuition.
March 2018 € 800,- Summer 2018 € 1190,-
Accommodation in rooms for 2 to 3 people and meals in the Kulturhof: € 45,- per day.

**Application:** send to Stefanie Aurig
email: info@ich-klang.de

**Deadline:** January 10, 2018

**Accessibility:** The closest international airport is Amsterdam Schiphol Airport. Another possibility is to go to Düsseldorf or Frankfurt. From there you can take a train to Osnabrück. We will organize a pick-up from the station.

for more information see:
www.kulturhof-sueltemuehle.de