



Dear Members and friends,

We embark on another new year of offering collegueship, health, and healing to our communities.

Take a moment to witness all that our co-strivers, organizations, and associations are up through the newsletters and conference offerings in the columns below.

Read the Medical Section Christmas newsletter, take note that a new singing therapy course is starting, and look ahead to the summer conferences.

So grateful for all that you, our members and practitioners, are doing to further the gifts of anthroposophical medicine.

Best wishes for a vibrant 2018.~ *Barbara Bresette-Mills*

### AAMTA

<https://aamta.wildapricot.org/>

### NEWSLETTERS/PUBLICATIONS/RESEARCH

#### Medical Section at the Goetheanum

Christmas Newsletter

<http://www.medsektion-goetheanum.org/en/>

#### ATSANA - E-Tones Newsletter

View the winter issue of the [newsletter](#) for the Anthroposophic Therapeutic Singing Association of North America

**PAAM Medical Newsletter** - Would you like to support and receive the newsletter? Look at the following letter for details. [letter here](#)

<https://paam.wildapricot.org/PAAM-Newsletters>

#### Anthromed Library

<http://www.anthromed.org/>

**SAVE the DATE!**

## CALENDAR of Events

January 11th, 2018

### The Twelve Nursing Gestures: Conscious Nursing Care

Anthroposophic Nursing Free Webinar with Dr. Eira Klich-Heartt, RN, ANS and Laurie Schmiesing RN, MS, ANS

registration: [www.anthroposophicnursing.org](http://www.anthroposophicnursing.org)

January 20th, 2018

### Introduction to Anthroposophic Nursing

with Dr. Eira Klich-Heartt and Laurie Schmiesing RN, MS, ANS. Understand the basic concepts and experience practical applications of nursing care for body, soul and spirit.

~ in San Francisco, CA

More information and registration at [www.anthroposophicnursing.org](http://www.anthroposophicnursing.org)

January 20th, 2018

### West Coast: Foundations of Anthroposophic Medicine\* – Introductory Workshop

with Alicia Landman-Reiner MD, Carmen Hering DO, Teresa Ferrari RN.

~ San Francisco, CA

A day-long experience for medical students, residents, and other physicians new to the practice of anthroposophic medicine; lecture, case study and conversation.

information and registration available at

[www.anthroposophicmedicine.org](http://www.anthroposophicmedicine.org)

**AAMTA**  
Association of Anthroposophic Medicine  
and Therapies in America

**AAMTA Biennial Conference**

**Transforming Chronic Pain**  
*A SPIRITUAL TASK FOR OUR TIME*  
August 2-5, 2018

*Guest Lecturers:*  
David McGavin, MD  
Matthias Girke, MD  
Stefan Schmidt-Troschke, MD

**AAMTA Post Conference Event**

**Fostering a Culture of Health**  
August 5-6, 2018

*Guest Lecturers:*  
Steven Johnson, DO  
Stefan Schmidt-Troschke, MD

**LOCATION:**  
Hartsbrook School  
Hadley, Ma.

aamtaConference2018@gmail.com  
[www.aamta.org](http://www.aamta.org)

August 2 - 5, 2018

**AAMTA Biennial Conference:**  
**Transforming Chronic Pain - A Spiritual Task for our Time**

with David McGavin MD, Matthias Girke MD, Stefan Schmidt-Troschke

~ Hartsbrooke Waldorf School in Hadley, Massachusetts  
Registration soon at: <https://aamta.wildapricot.org>

August 5 - 6, 2018

**Post-Conference Event:**  
**Fostering a Culture of Health**

with Steven Johnson DO and Stefan Schmmidt-Troschke  
~ Hartsbrooke Waldorf School in Hadley, Massachusetts

For more information write to :  
[aamtaConference2018@gmail.com](mailto:aamtaConference2018@gmail.com)

**ELIANT**

freedom of choice in integrative medicine and other issues  
<https://eliant.eu/en/newsletter/>

**TRAININGS//INITIATIVES//OPPORTUNITIES**

**LILI KOLISKO INSTITUTE**

<http://www.koliskoinstitute.org/about-us/lili-kolisko/>

**RHYTHMICAL MASSAGE Therapy Association**

[\\_rhythmicalmassagetherapy.org](http://rhythmicalmassagetherapy.org)

**SOPHIA MICHA-EL Remedies**

<http://sophiamicha-elremedies.com>

February 17 - 20, 2018

**Hawai'i International Health and Education Kolisko Conference**

**Truth, Beauty Goodness** - the future of education, healing arts and health care with Michaela Glockler

~ Honolulu Waldorf School

<http://anthrohawaii.org/Main/Kolisko.pdf>

February 17 - 21, 2018

**Rhythmical Application of Oils - RE Part 2**

with Anke Smeele RN, ANS, RES. Whole Arm, Lying Back, Chest and Abdomen. (Completion of RE Part 1 is required.)

~ Corte Madera CA.

Course Coordinator: Teresa Ferrari [tferrari13@gmail.com](mailto:tferrari13@gmail.com)

February 21-25th 2018

**Rhythmical Application of Oils - Specialist Level RES Part 5**

with Anke Smeele RN, ANS, RES. Organs, Newborn and Small Children, Pregnancy. (Completion of the Foundation courses in RE is required.)

~ Corte Madera CA.

Coordinator: Teresa Ferrari [tferrari13@gmail.com](mailto:tferrari13@gmail.com)

February 23 - 26, 2018

**Meeting the Challenges of Child Development in Education and the Healing Arts**

with Michaela Glöckler  
Partly sponsored by SPAN and the Portland Branch of the Anthroposophical Society.

~ Cedarwood School - Portland OR

[flyer](#) [registration](#) [presenters](#)  
[program](#) [breakout groups](#)

March 16 - 24, 2018

## **Raphael School for Singing Therapy**

New English speaking course

recognized and approved by the Medical Section with Stephanie Aurig.

[brochure](#)    [application](#)

~ Bippen, Germany

April 21, 2018

## **CANCER** - The Approach & Practice of Therapeutic Eurythmy

### **ATHENA Pre - IPMT workshop**

These workshops are intended as a forum for collaborative research and sharing between medical professionals and eurythmy therapists.

~ Chestnut Ridge, NY at Eurythmy Spring Valley

[flyer](#)

<http://www.therapeuticeurythmy.org/>

April 21-28th, 2018,

~ Chestnut Ridge, NY

## **Anthroposophic Medical and Nursing Training Course**

An intensive led by international experts.

- Spiritual basis for nursing care, role of warmth in healing ..
- Self-development, the twelve nursing gestures, ..
- Plant observation and uses: compresses/techniques for rhythmic oil application.

*More information at:*

[www.anthroposophicnursing.org](http://www.anthroposophicnursing.org)

[naanatraining@gmail.com](mailto:naanatraining@gmail.com) for questions.

## **The International Post-Graduate Medical Training, IPMT**

**New five-year cycle!** [Brochure](#)

with Georg Soldner MD, pediatrician, co-

*head of the Medical Section at the Goetheanum*

- Plant observation, integrative medical thinking, spiritual and moral exploration
- Clinical workshops: anthroposophic pharmacy, natural treatments for acute illnesses, end-of-life care
- Workshop in mistletoe therapy, integrative oncology and therapeutic eurythmy movement for cancer.

CME credit will be available.

[AnthroposophicMedicine.org](http://AnthroposophicMedicine.org)

<https://paam.wildapricot.org/International-Post-Graduate-Medical-Training>

April 21-22nd, 2018,

**Two New Offerings** ~ both in Chestnut Ridge, NY:

**Foundations of Anthroposophic Medicine\* –**

**Introductory Workshop**

A day-long experience for medical students, residents, fellows and others new to the practice of anthroposophic medicine; lecture, case study and conversation.

More information and registration at [www.anthroposophicmedicine.org](http://www.anthroposophicmedicine.org)

**Nursing Introductory Course:**

For nurses and caregivers new to the ideas of Anthroposophic Nursing.

Presentations, discussion and hands-on experiences.

Registration details at:

[www.anthroposophicnursing.org](http://www.anthroposophicnursing.org) or

[naanatraining@gmail.com](mailto:naanatraining@gmail.com) for questions.

Participants in both courses are invited to stay for the opening evening of the IPMT and join the morning small groups and afternoon workshops on Sunday.

Summer 2018

**“The Embryo in Us - Embryo in**

## **Motion”**

Jaap van der Wal MD PhD, Embryologist and Embryosopher, will present his well-known class THREE times in the USA this coming summer, 2018:

ASHLAND (OR) JUNE 28 - July 1

WALPOLE (MAINE) JULY 18 - 21

KESWICK (VA) JULY 25 - 29

For more information, go to

<<http://www.embryo.nl>>

<<https://l.facebook.com/l.php>

August 2 - 5, 2018

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with Steven Johnson DO and Stefan Schmmidt-Troschke

Hartsbrooke Waldorf School in Hadley, Massachusetts

For more information write to :

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