

## AAMTA 2018 Reading List

Rohen, Johannes W. Functional Morphology; the dynamic wholeness of the human organism  
"the sense of pain" P294

Wegman, Ita and Steiner R. Fundamentals of therapy Chapter 13 esp p60

R Steiner: Spiritual Science and Medicine chapter 19.

Ostermann, T, Blaser G, Bertram M. effects of rhythmic embrocation therapy in chronic pain patients. Clinical Journal of Pain 24 (3) 2008 237-243.

Sommer M. how can the pain imprisoned soul be freed? Merkurstab 61/2008. 474-483.

Hamre HJ, Witt CM, Blockmann A Anthroposophic vs. Conventional therapy for chronic low back pain; a prospective comparative study. Eruopean Journal of Medical Research .2007 (12) 302-310. (article is free for download through pubmed)

Wright E, Zarnegar R, Hermansen I, and McGavin D. A clinical evaluation of a community-based rehabilitation and social intervention program for patients with chronic pain with associated multi-morbidity,  
J Pain Manage 2017;10(2):149-159.

Arman M, Hok J. Self-care follows from compassionate care-chronic pain patients' experience of integrative rehabilitation Scand J Caring Sci; 2016; 30; 374-381.

Girke's Internal Medicine, Chapter XVI on Pain Therapy pp. 685-714.